

# Service Provider Matrix

We can HELP! 24/7 Helpline:

	Service Provider																			
	AFR Director of Psychological Health	Military One Source	Air Force Employee Assistance Program	Military & Family Readiness Center	Alcohol & Drug Abuse Prevention Program	Chaplain Corps*	Child & Youth Services	Equal Opportunity	Family Advocacy / Domestic Abuse Victim Advocate	Health Promotions	Inspector General	Law Enforcement	Legal	Mental Health	Military Family Life Consultant	Primary Care Behavioral Health	Sexual Assault Prevention & Response	Victims' Counsel	Installation-Specific Resource: True North	Installation-Specific Resource: Red Cross
Alcohol / Drugs			◆		◆	◆														
Anxiety / Depression / Stress	◆		◆			◆			◆					◆	◆	◆			◆	◆
Child Maltreatment						◆			◆		◆	◆						◆		
Domestic Abuse / Sexual Assault (between intimate partners)						◆			◆		◆	◆						◆		
Education / Professional Development			◆	◆		◆													◆	
Finances		◆	◆	◆		◆							◆		◆					◆
Grief / Loss / Sadness	◆	◆	◆	◆		◆			◆					◆	◆	◆			◆	
Homicidal Thoughts						◆						◆		◆						
Hostile Work Environment			◆			◆		◆			◆	◆						◆		
Interpersonal Conflicts			◆			◆			◆					◆	◆	◆		◆	◆	
Legal (i.e., wills, power of attorney)			◆										◆		◆					
Marriage & Family / Relationships	◆	◆	◆	◆		◆			◆				◆	◆	◆	◆			◆	
New Parent Assistance		◆	◆			◆			◆											
Nutrition / Fitness / Tobacco		◆	◆			◆				◆										
PCS / Separation			◆	◆		◆													◆	
Problematic Sexual Behavior (in youth)						◆			◆		◆	◆								
Sexual Assault						◆			◆		◆	◆					◆	◆		
Sexual Harassment						◆		◆			◆	◆					◆			
Sleep	◆		◆							◆				◆					◆	
Special Needs / EFMP		◆	◆	◆			◆						◆							
Suicidal Thoughts	◆					◆						◆		◆					◆	
Workplace Discrimination	◆					◆		◆			◆			◆					◆	

Presenting Concern

For Emergencies, Dial 911.

For Immediate Help, Contact Command Post 24/7 at DSN: 731 - 1900 or

Commercial:  
501-987-1900

National Suicide Prevention Lifeline, 24/7, English & Spanish: 988

DoD Safe Helpline: 877-995-5247

Dept of Veteran's Affairs Hotline 501-204-8870

Military One Source (M1S): 800-342-9647

M1S Arkansas Consultant: 501-322-0202

Employee Assistance Program (EAP) 866-580-9078

\* Chaplains are a first responder to many concerns and will most likely always hand individuals off to a medical service provider or certified provider when possible.



Need more info? Little Rock Air Force Base "WE CARE" Agencies



# Service Provider Matrix

## Agency/Service Provider Phone Number Listing

AFR Director of Psychological Health	(501) 987-7338	Equal Opportunity (EO)	(501) 987-8629	Mental Health	(501) 987-7338
Air Force Employee Assistance Program	866-580-9078, press opt 2 - 24/7 access or <a href="http://www.magellanAscend.com">www.magellanAscend.com</a>	Family Advocacy Domestic Abuse Victim Advocate	(501)-987-7377 (501)-204 -8870 24/7 access	Military Family Life Consultant (MFLC)	(501) 941-6686
Military OneSource	(800) 342-9647 24/7 access or <a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a>	Health Promotions	(501) 987-7288	Primary Care Behavioral Health (PCBH)	(501) 987-8811
Military & Family Readiness Center (A&FRC)	(501) 987-2667	Inspector General	(501) 987-3596 24/7 access	Sexual Assault Prevention & Response (SAPR)	(501) 987-2685 or 2697 Helpline (501) 987-7272, 24/7 access SARC Cell: 501-533-5467 SAPR VA Cell: 501-533-9317
Alcohol & Drug Abuse Prevention Program (ADAPT)	(501) 987-7338	Law Enforcement - SFS AF OSI	(501) 366-8227, on-call security forces INV (501) 987-7196, on-call OSI INV	Victims' Counsel (VC)	(501) 987 - 3412 or 7229 (202) 763 5333 after hours/non-emergency assistance if emergency call 24/7 SAPR Hotline (501) 987-7272
Chaplain Corps	(501) 987-6014 after hours call Command Post (501) 987-1900 for duty Chaplain	Legal	(501) 987-7886	Installation-Specific Resource: True North	Contact your Unit Embedded Mental Health
Child and Youth Services	Flight Chief 501-987-6820 Child Development Center 501-987-6130	Retiree Activities Office	(501) 987-6095	Installation-Specific Resource: MindGym	(501) 987-4034 <a href="http://lumenalabs.com/booking">lumenalabs.com/booking</a>
School Liason Program Manager	(501) 987-1941 cell: 501-951-3102			Red Cross	(877) 272-7337

